



SANT BABA BHAG SINGH UNIVERSITY

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REPORT ON "Village Visit"

Department of Computer Application

On 8 Sept, 2022

With the heavenly blessings of Revered Sant Baba Dlawar Singh Ji (Brahm Ji) and with the benign endorsement of our Chancellor Sant Baba Sarwan Singh ji, and under the valuable guidance of respected Vice Chancellor of SBBSU Prof. (Dr.) Dharmjit Singh Parmar, NSS Unit (CSA) of SBBSU has started various initiatives within the campus to promote 'Village Visit' and delivered lecture on self-awareness. Self-awareness essentially means having a keen awareness of oneself. Ironically, many people do not give enough importance to understanding their own selves. One way to be aware of oneself is by discussing with friends and family members. Those who want to start a self-health awareness essay can write one on the changes they have undergone in their life. It is essential to start with the person's goals when writing this self-awareness essay.

Self-awareness is the foundation of education and growth. Without seeing yourself, you would not be able to improve. Self-awareness is the foundation of education and development. It is the basis of how we learn and how we can change our lives for the better. Self-awareness allows one to manage one's emotions, thoughts, and behaviour. It can also help people form a more accurate perception of the world. Without self-awareness, people are less likely to see things or problems that could negatively impact them. Self-awareness is essential because, time and time again, people learn that when they don't take the time to understand themselves, they make bad decisions that can have negative consequences.

One such activity of 'Village Visit' was successful organized in kala bakra and beas near by city kishanghar by NSS Volunteers on 08/09/2022. Mr. Vishal (Programme Incharge) and Mr. Kamal kumar of CSA department were present to boost and appreciate the volunteers to keep on participating in such activities. Refreshment was also given to the volunteers.



